

4 RESOLUTIONS TO KEEP YOUR HOME HAPPY ALL YEAR

1. WINTER: CREATE SPACE FOR PERSONAL WELLNESS

BUILDING A HOME GYM

Setup a smart TV for workout videos

Install a fan to stay cool

Add a mirror to monitor your progress

Install speakers for motivating workout music

Add some shelving for towels or extra water

PREPARING OUTDOOR SPACES

Whether it's a screened-in porch, deck or sunroom, extending your living space into the outdoors is an important step to boosting your mental health.

2. SPRING: OPTIMIZE APPEARANCES

SPRING DECLUTERING AND CLEANING

Kitchen pantry

Underneath the kitchen sink

Entertainment center

Closets and dressers

Linen closet

Bathroom toiletries and makeup

Garage

INCREASING CURB APPEAL

Landscaping

Doors

Mailbox

Decorate

3. SUMMER: HEALTH CHECK-UP

CHECKING IN ON PLUMBING

A couple of common places to check on are the water heater and the main shut-off valve. Leaks often start at the water heater, so keeping an eye on your water heater is important. Likewise, test your shut-off valve to make sure it works in case of an emergency.

ASSESSING HVAC HEALTH

Dirty or clogged air filters

Refrigerant leaks

Thermostat issues

Zone imbalances

Loose electrical connections

3. FALL: FOCUS ON ENERGY SAVINGS

UPGRADING YOUR WINDOWS

The right windows can make a huge difference to your home's insulation and keep the heat in and the cold out. In fact, the US Department of Energy estimates that the average household can save \$125-\$465 per year by using windows with an ENERGY STAR rating.

KEEPING YOUR HOME CONNECTED

Smart thermostats

Water controller

Energy monitoring system